

7 Secrets of Confession

Secret 6: New Wine Needs New Skins

Mark 2:21-22

“No one sews a piece of unshrunk cloth on an old cloak. If he does, its fullness pulls away, the new from the old, and the tear gets worse. Likewise, no one pours new wine into old wineskins. Otherwise, the wine will burst the skins, and both the wine and the skins are ruined. Rather, new wine is poured into fresh wineskins.”

Reflection on Scripture

What old “wineskins,” such as habits, attitudes, or ways of thinking might be keeping you from fully receiving or living out the grace of Confession?

Book Discussion Questions

How is Jesus inviting me to let Him make me new, so I can hold the “new wine” of His mercy and joy?

What does it look like in my life to become a “new wineskin,” not just by confessing sins, but by letting Christ’s life reshape my heart through repentance, confession, and reparation?

How would your life change today if you “radically reoriented your whole life” towards God (p. 124)?
